

BRIDGING CHANGE BRM NETWORK NEWSLETTER

Working towards a strong 'by and for' infrastructure

OCTOBER 2025

See your
by and for
events in the
following
pages!

Souk it and see

AN AGEING WELL EVENT WITH BRIDGING CHANGE



THANK YOU!!

For your attendance at our 'Souk It & See' event,
we appreciate your time!

It was lovely to see so many of you come along to our
'Souk It & See' event in September!

It was such a great day to celebrate the wellbeing & culture of
our local Black and Racialised Minoritised (BRM) community.



CONTACT:
development@bridgingchange.co.uk

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Souk it and see

Some more pics from the day.... thank you for your contributions & involvement



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BRIDGING CHANGE TEAM UPDATE

Project Team Lead Roles

Beth, Community Voices Group Lead

Beth is our Community Voices Group (CVG) Lead. She organises the CVG meetings and events and is currently working with Brighton and Hove Council on tackling racism in schools, and with the NHS Sussex Maternity Voices team.

Beth's email is: hello@bridgingchange.co.uk

Indi, Infrastructure Development Lead

Indi is our Infrastructure Development Lead and co-ordinates the planning of our infrastructure training and network events, and our 'by and for' newsletter.

Indi's email is: development@bridgingchange.co.uk

Kiran, Climate Lead

Kiran is our Climate Lead and works on our climate project to produce accessible, community-based climate activities on the health and wellbeing challenges people are facing.

Kiran's email is: projects@bridgingchange.co.uk

Our Bridging Change Directors, **Anusree & Nora**, can be contacted at directors@bridgingchange.co.uk
Feel free to contact any one of us with any questions!



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BRIDGING CHANGE NETWORK EVENT

Working towards a strong 'by and for' infrastructure



OUR NEXT FOUNDERS TALK

We have invited Rifa Thorpe-Tracey from
Women of Colour Brighton Group
to talk to us about how this group was founded

Come along to learn about this group's history, it's hopes and aspirations, and how it supports women of colour in the city.

Join us to learn more about this amazing group, get involved, ask questions and network with like-minded colleagues. We look forward to seeing you!

JOIN US ON

Wednesday 8th October 2025

**5:30pm–7:30pm at Conference Room, Community Base
113 Queens Rd, Brighton and Hove, Brighton BN1 3XG**



CONTACT:
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BRIDGING CHANGE TRAINING UPDATE 2025

Free, Interactive Training Workshops

Tuesday 28th October 10am-12pm

Grant Writing Basics for Community Organisations Yemisi Mokuolu



- *Simple, step-by-step guidance on completing grant applications*
- *Clear understanding of what funders are looking for*
- *Real examples to help you develop your understanding*
- *Practice grant writing skills in a supportive & learning space*
- *No jargon, no pressure*

Your feedback tells us that you would like more interactive, practical workshops to help you learn and practice skills.

Our amazing trainers will do their best to deliver this to you.

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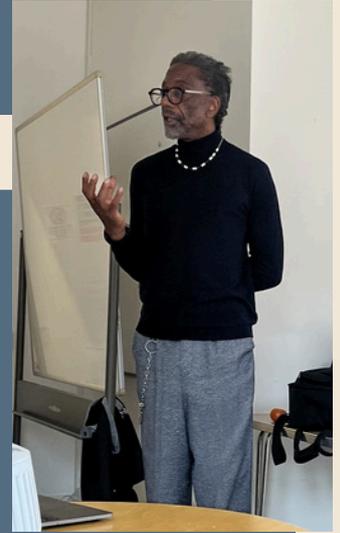
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BRIDGING CHANGE TRAINING UPDATE 2025

Free, Interactive Training Workshops

Thursday 27th November 10am-12pm

Practical Skills Workshop for Board Members Terry Adams



- *Practical skills training for new & aspiring board members*
- *Learn core competencies required to be an active and supportive board member*
- *Understand the role & responsibilities between board, management & stakeholders*

Your feedback tells us that you would like more interactive, practical workshops to help you learn and practice skills.

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COMMUNITY VOICES GROUP UPDATE 2025



Community Voices Group Men's Health meeting

- Do you identify as Black, brown, Asian or from another language, ethnic or migrant community?
- Do you want to improve how public services are delivered locally?
- Do you want the chance to speak directly to representatives from the Council and NHS and get your voice heard?

Wednesday 15th October 2025

6pm - 7.30pm

This month's CVG meeting is a MEN ONLY space on Zoom, giving you the opportunity to discuss the issues that are important to you

How to join

Contact Bridging Change,
email: hello@bridgingchange.co.uk

If you do not speak English and would like to be involved, email laura@sussexinterpreting.org.uk or call 01273 234016 and leave a message in your language

COMMUNITY VOICES GROUP UPDATE 2025



Community Voices Group Upcoming Meetings

- Wednesday 15th October 2025: Men's Health Men only online meeting
6pm-7.30pm on Zoom - please contact us to join
- Tuesday 21st October daytime and evening meetings -
Racism in Education - more details nearer the time
- Wednesday 19th November , 6pm-7.30pm on Zoom
Men's Health open meeting - continuing discussions
please contact us to join
-
- Monday 24th November 2025 daytime Maternity Voices in
person event - please contact us to join
- December 2025 - Winter break - no meeting

How to join the meetings

Contact Bridging Change, email:hello@bridgingchange.co.uk

If you do not speak English and would like to be involved, contact Sussex Interpreting Service, email:laura@sussexinterpreting.org.uk or call 01273 234016 and leave a message in your language

COMMUNITY WORKS TRAINING UPDATE

UPCOMING EVENT SCHEDULE

16
OCT

**Untapped
Fundraising Potential**

📍 Online, Zoom

1:00 PM

21
OCT

**Mergers
Discussion**

📍 Online, Zoom

11:00 AM

23
OCT

**Managing Ill Health
& Disability**

📍 Online, Zoom

10:30 AM

4
NOV

**Trustee Training;
Fundraising**

📍 Online, Zoom

6:00 PM

10
NOV

**Trustee Roles &
Responsibilities**

📍 Online, Zoom

5:00 PM

Here's link to Community Works website to access all online training listed above:

<https://www.communityworks.org.uk/events>



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development@bridgingchange.co.uk

BLACK HISTORY MONTH UK OCTOBER 2025

The theme for Black History Month UK 2025 is 'Standing Firm in Power and Pride'. This theme celebrates the resilience, strength, and commitment to progress within the Black community, honoring the historical and ongoing contributions of Black people to society and looking forward to a future of continued empowerment and unity.

There are many BHM Events taking place in Brighton and Hove that celebrate and raise awareness of Black History, including:

- Book launches to gain a deeper understanding of slave trade
- Exhibitions of portraits and biographies of Black philosophers & pioneering activists
- Black Community Celebrations
- Concerts
- And so much more....

**For more details on Black History Month events in October 2025
in Brighton and Hove**

www.blackhistorymonth.org.uk



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development@bridgingchange.co.uk



EURO-MERNET CULTURAL HERITAGE CLUB



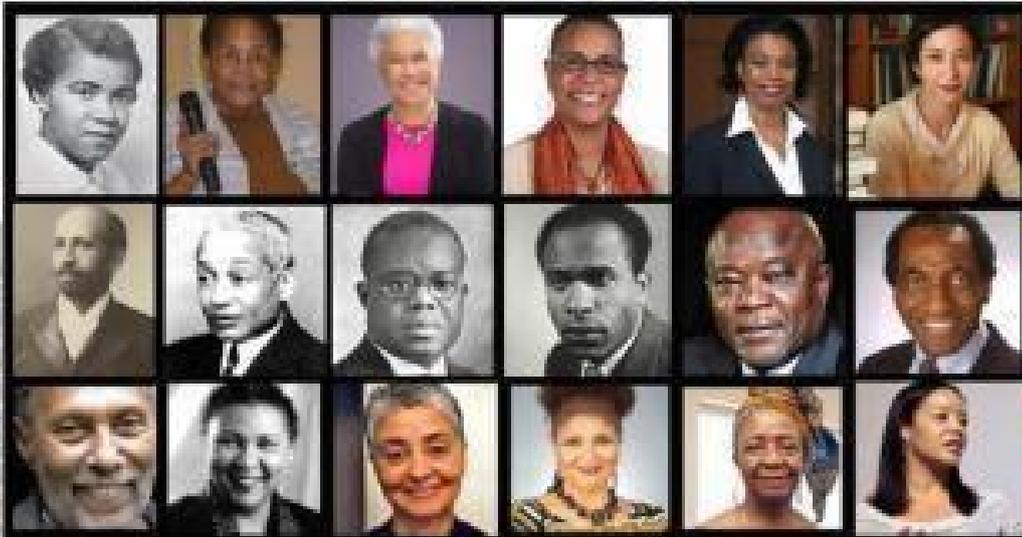
In collaboration with Brighton and Hove City Libraries & #NoHateSpeechUK

Black Philosophers

Planting the seeds of power and pride



BHM 2025 Theme: Standing Firm in Power and Pride



Curator:
Ümit Öztürk
01-31 Oct. 2025
Jubilee Library
Brighton



info@euromernet.org

***Black philosophers: Planting the Seeds of Power and Pride
(01-31 October 2025; Community Space, Jubilee Library)
Curator: Umit Ozturk (Coordinator, @EuroMernet)***

In collaboration with Brighton and Hove City Libraries and No Hate Speech UK

In line with this year's theme of UK Black History Month ("Standing Firm in Power and Pride"), this exhibition features the portraits and short biographies of the Black philosophers whose academic work, speeches, publications and pioneering activist roles had a profound worldwide influence on many future artists, professionals and activists from all backgrounds – not limited to Black followers.

The exhibition features 11 female and 7 male philosophers.

Throughout October, EuroMernet Film Club will also screen drama and documentary films on Black History, including films about the life and legacy of some of the philosophers who were featured in the exhibition.

Community Events & Activities in October, November & December 2025

COST OF LIVING PROGRAMME

With Interpreters



Struggling with water, gas and electricity bills? Food prices and childcare costs?

Confused about benefits and council tax?

We can help! Book one of our sessions. This programme specifically supports women

2025 Dates:

16th September | 16th October

11th November | 9th December |

Time: 10:00-12.30

Where: Citizens Advice Bureau,
Tisbury Road BN3 3BQ

By appointment only:
col@niwbh.org or
077 83 792 650



Thank you for sharing your views on our
community events and activities.



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Community Events & Activities in October, November & December 2025

INCREASING ECONOMIC INDEPENDENCE WORKSHOP

The Network of International Women and Surviving Economic Abuse have partnered together to offer an informative workshop for women experiencing economic abuse.

UPCOMING DATES:

- October 7th & 8th
- November 25th & 26th

09.45 - 12.45, Central Brighton

Benefits:

- Understand and spot signs of economic abuse,
- Stay safe after separation,
- Peer support,
- Sources of financial support and grants
- Empowerment



PROFESSIONAL REFERRALS ONLY

Please contact Rosie Blunden for a referral form.

rosie@niwbh.org
07756510114



THE NETWORK OF
INTERNATIONAL WOMEN
FOR BRIGHTON & HOVE



Sussex
Police & Crime
Commissioner

SURVIVING
ECONOMIC
ABUSE



Brighton & Hove
City Council

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Community Events & Activities in October, November & December 2025

Ustad Noor Baksh



Mehfil: "a gathering for intimate performances of music and poetry"

Tuesday, 7th October at The Brunswick

Support from Kamelo Flamenco

The
Mehfil
Space

£10 – £15 | 7pm



Supported using public funding by
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ENGLAND**

THE
B



CONTACT:
development@bridgingchange.co.uk

Mehfil-e-Rose Hill

mehfil: “a gathering for intimate performances
of music and poetry”

Dunia Flamenco



Saturday 22 November 2025

The
Mehfil
Space



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

